

Meath Athletics Club Record Holders

January 2019

Men

Event	Name	Club	Mark	Venue	Date
60m	Ciaran McDonagh	Fr Murphys	6.79	Blacksburg Virginia USA.	13/01/2006
60m Hurdles	Sean Cahill	Cushinstown	7.81	Nenagh	23/01/1994
100m	Ciaran McDonagh	Fr Murphys	10.44	Dublin	02/07/2003
200m	Neil Dunne	Star of the Sea	21.71	Dublin	22/07/2017
400m	Harry Purcell	Trim	47.33	Mannheim, Germany	27/06/2015
800m	Rob Tully	Star of the Sea	1.48.78	Fayetteville, North Carolina, USA	06/06/2016
1500m	Andrew Coscoran	Star of the Sea	3.41.2	Oordegen, Belgium.	27/05/2017
1 mile	Colin Costello	Star of the Sea	4.01.35	New York, USA.	03/02/2007
3,000m	Thomas Moran	Dunshaughlin	8.10.94	Belfast	07/05/2016
3,000m S/C	Garret Coughlan	Fr Murphys	9.03.96	Cottbus, Germany	05/06/2005
5,000m	Packie Mulvaney	St Andrews	13.47	Princeton New Jersey, USA	28/04/1994
10,000m	Andy Ledwith	Fr Murphys	28.45.77	Philadelphia, Pennsylvania, USA	15/05/2009
Marathon	Tommy Maher	Dunshaughlin	2.17.05	Dublin	25/10/1993
110m Hurdles	Sean Cahill	Cushinstown	13.66	Sestriere, Italy	28/07/1993
400m Hurdles	Liam Byrne	Navan	54.03	Belfast	01/07/1983
High Jump	Kouroush Foroughi	Star of the Sea	2.20	Budapest, Hungary.	19/06/2010
Long Jump	Ciaran McDonagh	Fr Murphys	8.07 (NR)	La Chaux-De-Fonds, Switzerland	21/08/2001
Triple Jump	Shane Joyce	Cushinstown	14.15	Athlone	06/03/2016
Hammer	Owen Russell	St Andrews	67.55	Princeton New Jersey, USA	20/04/2018
Javelin	Rory Gunning	Fr Murphys	61.88	Dubnica nad Vahom, Slovakia	30/05/2015
Shot Putt	Ger Nagle	Star of the Sea	14.59	Tullamore	04/06/2006
Discus	Ger Nagle	Star of the Sea	47.68	Tullamore	04/06/2006
Pole Vault	Shane Aston	Trim	4.30	Dublin	29/07/2018
Weight for Height	Barry Delaney	Star of the Sea	4.20	Dublin	28/07/2013
Weight for Distance	Barry Delaney	Star of the Sea	7.49	Dublin	22/07/2006
20k Walk	Michael Doyle	Cushinstown	1.26.00	Dublin	26/06/2011
50k Walk	Michael Doyle	Cushinstown	4.08.02	Dudince, Slovakia.	19/05/2013
4 x 100m	Cushinstown	Shane Joyce, Michael O'Sullivan, Luke Redmond, Luke McCabe.	44.24	Tullamore	01/07/2016
4 x 400m	Navan	Simon Cumbers, Paul Hetherington, Ciaran Conlon, Liam Byrne	3.22.86	Dublin	27/07/1984
Decathlon	Shane Aston	Trim (11.34-100m, 6.57-LJ, 11.84-SP, 1.93-HJ, 50.73-400m, 14.98-110mH 37.62-Discus, 4.11-Pole Vault, 59.45-Javelin, 4:54.09-1500m)	7057 pts	Hexham, England.	22/07/2018