

# Meath Athletics Club Record Holders

January 2019

## Ladies

Event	Name	Club	Mark	Venue	Date
60m	Elizabeth Morland	Cushinstown	7.80	Athlone	06/03/2016
60m Hurdles	Elizabeth Morland	Cushinstown	8.39	Dublin	05/02/2017
100m	Elizabeth Morland	Cushinstown	12.13	Greystones	21/05/2016
200m	Elizabeth Morland	Cushinstown	24.44	Tullamore	02/07/2016
400m	Joanne Fitzgerald	Kells	55.40	Dublin	1987
800m	Sara Treacy	Dunboyne	2.06.84	Swansea, Wales.	04/07/2016
1500m	Sara Treacy	Dunboyne	4.16.29	Watford, England.	18/06/2014
1 mile	Sara Treacy	Dunboyne	4.43.67	Santry	11/07/2014
3,000m	Sara Treacy	Dunboyne	9.06.23	Sheffield, England.	15/02/2015
3,000M S/C	Sara Treacy	Dunboyne	9.39.41	London, England.	23/07/2016
5,000m	Sara Treacy	Dunboyne	16:18.6	Milton Keynes, England	Aug-18
10,000m	Ann Mallon	Dunboyne	36.06	Cork	Jul-89
Marathon	Josephine Murtagh	Dunboyne	2.49.46	Dublin	25/10/1985
100m Hurdles	Elizabeth Morland	Cushinstown	13.61	Mannheim, Germany	25/06/2015
400m Hurdles	Deirdre Murray	Na Fianna	62.85	Tullamore	16/07/2017
High Jump	Laura Sharpe	Navan	1.89	Santry	03/07/1994
Long Jump	Elizabeth Morland	Cushinstown	6.12	Arona, Italy	03/06/2018
Triple Jump	Rosemary Daniels	Na Fianna	11.66	Dublin	01/08/2000
Hammer	Nicola Coffey	Navan	58.48	New Brunswick, New Jersey USA	06/05/2001
Shot Putt	Pauline Carolan	Fr Murphys	13.60	Gormonston	01/04/1984
Javelin	Jennifer O'Sullivan	Cushinstown	50.10	Navan	18/07/2004
Discus	Pauline Carolan	Fr Murphys	47.20	Dublin	27/07/1987
10k Walk	Pam Reynolds	St Andrews	55.05	New York USA.	01/09/1980
20k Walk	Pam Reynolds	St Andrews	2.16.39	Belgium	01/07/1996
4 x 100m	Navan	Niamh O'Rourke, Roisin O'Rourke, Laura Sharpe, Bernie Keelan.	49.96	Antrim Forum	30/07/1988
4 x 400m	Cushinstown	Denise English, Deirdre Kelly, Kerry Dillon, Lorraine Lightholder.	4.10.4	Tullamore	18/06/1990
Hepathlon	Elizabeth Morland	Cushinstown (13.63w/2.1-100mH, 1.70-HJ, 11.49-SP 24.99-200m 6.12-Long Jump 43.49-Javelin 2:22.23-800m)	5,815pts (NR)	Arona, Italy	03/06/2018