

**Meath AAI Championships 2019**  
**Fr. Murphy AC**  
 Fraine, Athboy  
**Day 1 Saturday April 27th 2019**

<b>Hammer</b>					<b>Weight</b>	<b>Discus</b>					<b>Weight</b>
<b>10am</b>	U/13	Girls	Hammer	2.5kg		<b>9.00am</b>	U/16	Girls	Discus	1.00kg	
	U/13	Boys	Hammer	2.5kg			U/16	Boys	Discus	1.00kg	
	U/14	Girls	Hammer	2.5kg			U/15	Boys	Discus	1.00kg	
	U/14	Boys	Hammer	2.5kg			U/15	Girls	Discus	0.75kg	
	U/15	Girls	Hammer	2.5kg			U/13	Girls	Discus	0.75Kg	
	U/15	Boys	Hammer	3.25kg			U/13	Boys	Discus	0.75Kg	
	U/16	Girls	Hammer	3.25kg							
	U/16	Boys	Hammer	4.00kg			U/14	Girls	Discus	0.75Kg	
	U/17	Girls	Hammer	3.25kg			U/14	Boys	Discus	0.75Kg	
	U/18	Girls	Hammer	4.00kg							
	U/18	Boys	Hammer	5.00kg							
	<b>12noon</b>	Junior/Sen/Mas 35-49	Ladies	Hammer			4.00kg				
Masters 50+		Ladies	Hammer	3.00kg							
Sen/Mas 35-49		Men	Hammer	7.26kg							
Junior/Masters 50-59		Men	Hammer	6.00kg							
Master 60-69		Men	Hammer	5.00kg							
Master 70-79		Men	Hammer	4.00kg							
Master 80+		Men	Hammer	3.00kg							
<b>Discus</b>					<b>Weight</b>						
U/18	Girls	Discus	1.00kg								
U/18	Boys	Discus	1.50kg								
Junior/Sen/Mas	Ladies	Discus	1.00kg								
Sen/Mas	Men	Discus	2.00kg								
Mas 50+	Men	Discus	1.50kg								
Mas 60+	Men	Discus	1.00kg								
Junior	Men	Discus	1.75kg								
<b>Weight for Distance</b>											
Senior & Master 35-49	Mens	WFD	56lb								
Junior & Masters 50-69	Mens	WFD	35lb								
Masters 69+	Mens	WFD	28lb								
Jun, Senior Masters	Ladies	WFD	28lb								

**The in-field area must be kept clear at all times.**