

Meath Athletics T&F Championships 2018									
Day 4 Sunday 13th May Junior Senior & Masters including the Setanta Games					Venue		Claremont Stadium Navan		
Track Events					Field Events				
Distance					Throws				
					9.00am	Junior/Sen/Mas 35-49	Ladies	Shot	4.00kg
						Masters 50-74	Ladies	Shot	3.00kg
						Masters 75+	Ladies	Shot	2.00kg
					9.00am	Sen/Mas 35-49	Men	Shot	7.26kg
11.00am	Jun/Sen/Mas	Ladies	100m	Heats		Junior/Masters 50-59	Men	Shot	6.00kg
	Jun/Sen/Mas	Men	100m	Heats		Master 60-69	Men	Shot	5.00kg
		Finals of 100m				Master 70-79	Men	Shot	4.00kg
						Master 80+	Men	Shot	3.00kg
12.30pm	Jun/Sen/Mas	Ladies	400m	Heats	9.00am	Junior/Senior/Mas 35-49	Ladies	Javelin	600g
	Jun/Sen/Mas	Men	400m	Heats		Masters 50-59	Ladies	Javelin	500g
						Masters 60+	Ladies	Javelin	400g
						Junior/Senior/Mas 35-49	Men	Javelin	800g
						Master 50-59	Men	Javelin	700g
						Master 60-69	Men	Javelin	600g
						Master 70-79	Men	Javelin	500g
						Master 80+	Men	Javelin	400g
1.30pm	Jun/Sen/Mas	Ladies	1500m	Heats					
	Jun/Sen/Mas	Men	1500m	Heats					
		Finals of 1500m							
2.00pm	Jun/Sen/Mas	Ladies	3000M						
2.15pm	Jun/Sen/Mas	Men	3000M		11.00am	Jun/Sen/Mas	Ladies	Long Jump	
						Jun/Sen/Mas	Men	Long Jump	
	Jun/Sen/Mas	Ladies	800m						
	Jun/Sen/Mas	Men	800m		1.30pm	Jun/Sen/Mas	Ladies	High Jump	
						Jun/Sen/Mas	Men	High Jump	
	Jun/ Sen/Mas	Ladies	4x100m	Relay	11.00am	Junior/Senior/Mas	Ladies	Triple Jump	
	Jun/Sen/Mas	Men	4x100m	Relay		Junior/Senior/Mas	Men	Triple Jump	
	Sen	Ladies	Medley	Relay					
	Sen	Men	Medley	Relay					
	<i>Finals of track events will be held at heat times as numbers allow</i>								
	The in-field area must be kept clear at all times.								