		Meath AAI Championships 2018		
			Fr. Murphy AC	
			Fraine, Athboy	
Day 1 Saturday April 28th 2018				
	Hammer			Weight
10.00am	U/13	Girls	Hammer	2.5kg
	U/13	Boys	Hammer	2.5kg
	U/14	Girls	Hammer	2.5kg
	U/14	Boys	Hammer	2.5kg
	U/15	Girls	Hammer	2.5kg
	U/15	Boys	Hammer	3.25kg
	U/16	Girls	Hammer	3.25kg
	U/16	Boys	Hammer	4.00kg
	U/17	Girls	Hammer	3.25kg
	U/18	Girls	Hammer	4.00kg
	U/18	Boys	Hammer	5.00kg
1.00pm	Junior/Sen/Mas 35-49	Ladies	Hammer	4.00kg
	Masters 50+	Ladies	Hammer	3.00kg
	Sen/Mas 35-49	Men	Hammer	7.26kg
	Junior/Masters 50-59	Men	Hammer	6.00kg
	Master 60-69	Men	Hammer	5.00kg
	Master 70-79	Men	Hammer	4.00kg
	Master 80+	Men	Hammer	3.00kg
	Discus			
	U/18	Girls	Discus	1.00kg
	U/18	Boys	Discus	1.50kg
	Junior/Sen/Mas	Ladies	Discus	1.00kg
	Sen/Mas	Men	Discus	2.00kg
	Mas 50+	Men	Discus	1.50kg
	Mas 60+	Men	Discus	1.00kg
	Junior	Men	Discus	1.75kg
	Weight for Distance			
	Senior & Master 35-49	Mens	WFD	56lb
	Junior & Masters 50-69	Mens	WFD	35lb
	Masters 69+	Mens	WFD	28lb
	Jun, Senior Masters	Ladies	WFD	28lb
	The in-field area must be kept clear at all times.			